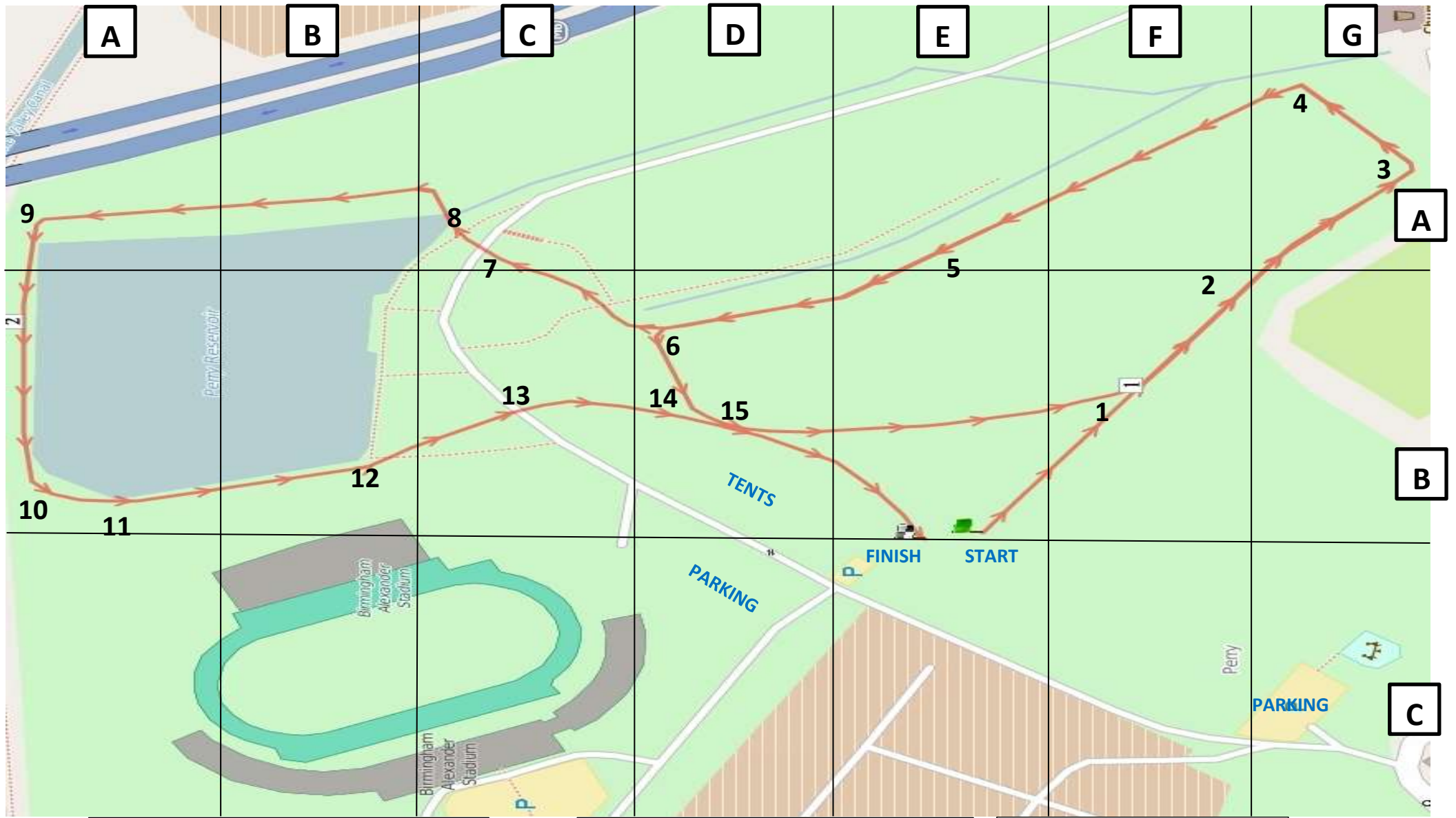


YAL XC at Perry Park



11.00 am U17 Women 4k – 1 Short + 2 Long
 11.25 am U11 Boys 1.6k – 1 Long
 11.40 am U17 Men 4.8k – 3 Long
 12.05 pm U11 Girls 1.6k – 1 Long

12.20 pm U15 Boys 3.2k – 2 Long
 12.40 pm U13 Girls 2.5k – 1 Short + 1 Long
 13.00 pm U13 Boys 2.5k – 1 Short + 1 Long
 13.20 pm U15 Girls 3.2k – 2 Long

Long Lap = 1620m approx.
 Short Lap = 850m approx.